

List of Episodes
Hokkaido, Agricultural Paradise, with Hiroyuki Morisaki Season2014
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Original Air Date		Product/Topic	Synopsis
274	11-Jan-14	Diet and exercise	People living in northern area like Hokkaido are sometime sick with lack of exercise as overeating in winter. This episode introduces the health method to train the "trunk" in the 2 minutes of exercise every day. In addition, this episode shows pot cooking that do not eat too much.
275	18-Jan-14	Nutrition of milk	Milk is not only good for the body, but also good for mental health? Kids learn the nutrition of milk in the dairy zone. Kids also challenge to make ice cream with fresh milk!
276	25-Jan-14	Branding of agricultural products	This program shows Branding of agricultural products. Farmers make an effort to get Brand for the local agricultural products. For example "Biei Fruits". Kids propose new brand for the farmers. Is that brand adopted as a new product of "Biei Brand"?
277	1-Feb-14	Black pig	This episode introduces "Biratori black pig". "Biratori black pig" is known as low fat, and good taste? Kids enjoy the Shabu-Shabu of black pig!
278	15-Feb-14	Biogas in manure	This episode introduces the power generation in biogas. This gas is made from manure of dairy cows. After the biogas came out from manure, farmers make fertilizer. And this episode shows recipe of the curry using yogurt.
279	1-Mar-14	"Wasyoku"	World attention! Kids introduce the charm of "WASYOKU" which means Japanese traditional cuisine. Kids try to cook "WASYOKU" using ingredients of Hokkaido. They learn it is very important to use Japanese soup stock, which is made by Kelp and bonito, for Japanese menu.
280	8-Mar-14	Health diagnosis of cattle	Kids learn Health diagnosis of cattle. The ideal body style of cattle is called "apple type". Why is it called "Apple"? Kids also enjoy the milk stew using salmon and scallop of Sarufutsu specialty.
281	15-Mar-14	Farmer's Direct marketing activities	Introducing Farmer's Direct marketing activities in Rumoi-city. The market of this city farmers sell rice and apple. And seafood also sold directly. Last part of this program Kids taste the luxury beef curry and rice.
282	22-Mar-14	Wheat of Tokachi district	Kids learn about Tokachi District, the biggest wheat producing areas in Japan. Kids visit the huge silos that are storing wheat. That size of silos can store wheat for one billion cups of UDON. Kids try to make Bread by the four types of wheat harvested in Tokachi. How different the taste of each of the bread?
	29-Mar-14		Program pause
283	5-Apr-14	Nursery of vegetables	While snow remains, agriculture had already begun! Kids learn about the nursery seedlings that are very important to get big harvest in autumn. Kids try to seed planting of green peppers. After that kids enjoy a miso cuisine of Akaigawa specialty.

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284	12-Apr-14	Learning the agricultural materials	Kids learn agricultural materials such as mulch to raise the soil temperature. When farmers apply the multi, how the soil temperature up? Kids experience on pepper fields with sweat.
285	19-Apr-14	Hokkaido University the Base of Agriculture	Kids explore the Hokkaido University Faculty of Agriculture, which has a 140-year history .Kids find a Tractor Robot and breeding of new fruits. Kids taste the famous curry called Dr. Clark's Curry.
286	26-Apr-14	Diet and exercise	"Fascia" is keyword of exercise capacity up? "Fascia" is kind of tissues surrounding the body. If people could fix the distortion of the "Fascia", it may improve pain of body and athletic ability. This episode introduces the simple training.
287	3-May-14	"Bento"	Kids try to make "Bento" with great appreciation before the Mother's Day. "Bento", box lunch is a custom of Japan, usually mother makes for children. After studying method of menu,kids try to make good "Bento". How will do mothers response?
288	10-May-14	Cheese factory	Kids walk around and study the natural cheese in Sapporo cheese factory. Kids show off the original recipe of cheese dish.
289	17-May-14	Series of potatoes①	"Agricultural Paradise" starts the long term coverage of growth of potatoes. This episode is first one. Kids learn potatoes, the main agricultural products of Hokkaido. Kids challenge to plant of potatoes. Kids enjoy the farmer's unique potato dishes after planting potatoes.
290	24-May-14	Series of Rice ①	"Agricultural Paradise" starts the long term coverage of growth of rice. This episode is first one. Kids learn a work "Tazukuri" before planting. "Tazukuri" is a work before planting and is very important operation for soil to harvest good rice. Kids work hard with mud and after that Kids taste the Sushi-Rice cooked by farmers.
291	31-May-14	Series of Vegetable①	The long term coverage series of Vegetables. Some Kids don't like vegetables. Why do they so? This series attempt to overcome hate vegetables by creating a hate vegetable!
292	7-Jun-14		Kids learn about seeds of rice. To make delicious rice, it is necessary to get good seeds. What is a difference of rice and seeds? Kids hear the story of the seeds from farmer.
293	14-Jun-14	Series of Rice 2	Second episode of rice making series. Kids challenge to plant the rice in the paddy fields of length 100m! Kids show unique way of planting. Recipes of risotto and soup made with local rice and vegetables.
294	21-Jun-14	Sunflower	Mystery of a small sunflower that is getting popular recently. Why did large sunflower become a size that matches the bouquet? On the back of cultivation there was method of patent! Kids enjoy rice flour crepe of local specialty.

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295	28-Jun-14	Radish saves the Town	The story that the beef and radish save the town. Kids get to know the mechanism of radish production and beef making suitable for safe and secure. Kids eat popular local school lunch menu. That is “Donburi” of beef!
296	5-Jul-14	Snap Pea	Snap peas are getting popular recently. Kids challenge harvesting of snap pea. Everyone is surprised by sweet taste of raw snap peas. Kids eat every type of dish such as miso soup, charcoal-grilled.
297	12-Jul-14	Region and Dairy	Dairy farmers work only milking? This episode shows a mechanism for outsourcing the work of non-milking. Why did farmers do outsourcing? There is unique strategy for village of depopulation. Kids enjoy milk noodles and milk rice.
298	19-Jul-14	Broccoli	Kids try to make promotion film for branded vegetables. That vegetable is Broccoli that is made with local organic fertilizer. How do kids make it?
299	26-Jul-14	Series of potatoes②	Second episode of Potato Series. Do you ever look the flower of potato? It is very beautiful and Kids are fascinated by flower. The color of the flower is different by breed. Kids enjoy “Hanami” and “Donburi” of potatoes. And also enjoy gelato with potatoes
300	9-Aug-14	Series of Vegetable②	Second episode of series. Kids challenge seedlings of green pepper. On the other side, mini tomatoes have already grown to harvest time .But some kids don’t like tomatoes. Can do that Kids eat the vegetables that grow by themselves? This episode shows the mechanism of likes and dislikes.
301	16-Aug-14	300 epi. Memorial Special Program one Hour	This program is Special Edition for the Memorial of “Over 300 episodes. This program shows beautiful agricultural landscape of Hokkaido from land and sky. What does agricultural landscape mean? The program also shows noodles in reaping season of wheat.
302	23-Aug-14	Unique vegetables	This episode introduces unique vegetables which are progressing grown in Ishikari City. The ice-creams and seaweed are in the field? Why do farmers make the unique vegetables? I Kids taste the Tempura and Ramen of unique vegetables.
303	30-Aug-14	Fruit Tomato	Farmers in Shimokawa-town produce the tomatoes that have equal sweetness as Strawberry. Those tomatoes have 8% sugar contents. How do the tomatoes cultivate in? Those tomatoes are very delicious even adding fire!
304	6-Sep-14	Processing of agricultural products	Farmers Organization challenge to new business. Such as mysterious bag to keep the freshness even leave in the refrigerator. Kids also enjoy beef of the finest A5 rank.
305	13-Sep-14	Prune	This program shows prune, which celebrated its harvest heyday. Kids experience the harvest of prunes. And this episode introduces the charm of prunes that can also be used for cooking. How do prunes and rice matching?

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306	27-Sep-14	Introductuon of Agriculture High-school	Introducing Shibecha High School's efforts to nurture a strong young man to the environment and the food. Shibetya High School has the biggest site in Japan.What does students lear? This episode also shows barbecue using products of Shibecha High School.

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307	4-Oct-14	Series of Rice 3	Finally reaping rice planted in May. Kids challenge to the length 100 meters of harvesting. After the harvest Kids taste the rice balls made by this year's novice. How delicious is it?
308	11-Oct-14	Series of Potato 3	Harvest the potatoes planted in May. Kids try harvest by hand digging, smelling soil. They find potato similar to Snowman. They enjoy potatoes cuisine of farmers after the harvest. Kids hand present to farmer as a gratitude. What the present is?
309	18-Oct-14	Series of Vegetables 3	Finally harvest the vegetables. Some Kids don't like vegetable. Kids try vegetable with Magic Mayonnaise that every Kids become to be able to eat vegetables. And how does make Magic Mayonnaise? Look! Kids overcome the vegetables!
310	25-Oct-14	New comer to the dairy	This program shows a person that comes into dairy farm from other occupation. As population of farmer is reducing in Japan, Agriculture Organization strongly supports the New Comer. Kids enjoy "dairy pot" with new comer of dairy.
311	1-Nov-14	Onion lessons	Elementary School in Sapporo lessons onions .Because near this school, there is onion cultivation birthplace of Japan. Children taste Curry with the harvested onion. This episode shows unique lesson of public school.
312	8-Nov-14	Local consumption of locally grown products	Coverage of the activities of Shari-cho, which is promoting the local production for local consumption of locally grown wheat. The secret of the pie that swells surprisingly using local wheat. The recipes of Shari high school students
313	15-Nov-14	Pickles	Kids learn how to make Japanese traditional pickles from master of farmers. This episode shows more than 10 kinds of pickles that master is put.
314	22-Nov-14	Chinese yam	Yubari-city is famous as Melon village, but Yubari-city has hidden specialty. It is Chinese yam. Kids try and struggle Chinese yam harvest in snow storm with the scoop one hand. Recipe of the simple Chinese yam cuisine.

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315	29-Nov-14	Leafy vegetables in winter	Introducing farmer challenges to grow leafy vegetables in winter of Hokkaido. Kids learn how the fresh spinach is delicious, when they eat it at the farmer's house.
316	6-Dec-14	Christmas confectionery	Tokachi district is very famous for its Suites. Kids experience the harvest of beat that produces indispensable sugar in Suites. After that Kids make original Christmas confectionery!
317	13-Dec-14	asparagus in winter	Kids find asparagus that is harvested only in winter. Why those asparagus are can be harvested only midwinter? Kids challenge to make CM about asparagus.
318	20-Dec-14	Dry vegetables	Introducing dry vegetables in Bibai-city. This episode shows how to make and how to cook dry vegetables. It is very delicious if you can cook in right methods!
319	27-Dec-14	honey leaf	Introducing honey leaf that is necessary to the New Year's traditional cook "Zoni". Honey leaf has been carefully raised in good water of Mt.Taisetsu. Kids make the locality unique "Leaf rice cake".